

## **2010 Provincial Skills Competition**

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### **Attention Competitors**

**At the 2010 Provincial Skills Competition  
Safety is # 1**

**Each Event Area Will Have Safety Equipment  
and Requirements That Competitors Must  
Adhere To**

**Important Must Read!!!!**

**Competitors Must Meet All Safety Requirements  
to Compete At the Provincial Skills Competition**

**Please Consult the Scope Document to Determine  
the Safety Requirements for Your Area**

**It Is Recommended That Competitors Check the  
Scope Document to Ensure You Meet All Safety  
Requirements**

**Scope Documents May Be Updated Until Feb 26, 2010**

# 2010 Provincial Skills Competition

## Scope Document

<b>EVENT: ESTHETICS</b>	<b>LEVEL: SECONDARY</b>
<b>START TIME:</b> 8:30 AM, April 16 <sup>th</sup> - 2010	<b>LOCATION:</b> SIAST Woodland Campus, Prince Albert Rm:E210
<b>INTERNATIONAL TRADE #:</b> 43	<b>DURATION:</b> 5 HRS.

**PURPOSE OF THE CHALLENGE:** to evaluate each competitor on the knowledge of basic aesthetics. This is in preparation for further education in a beauty school.

**SKILLS AND KNOWLEDGE TO BE TESTED:** Independently demonstrate the knowledge of basic aesthetics. In addition, present professionalism throughout each task.

***Competitor Must Provide:***

**CLOTHING REQUIREMENTS:** White lab coat or professional white uniform is to be worn throughout entire competition. Clothing worn under lab coat must remain professional. No school logos are to be displayed throughout any part of the competition. Vinyl or Latex gloves are optional throughout manicure and pedicure portion of competition. All competitors must wear white, non slip, flat or low heel closed toe shoes.

**JUDGING CRITERIA:**

**Client Professionalism**

Competitors must smile and greet models.  
 Ensure models comfort throughout whole competition.  
 No talking during any procedure unless to ensure client comfort.

**Sanitation**

Clean and sanitize work area, including all equipment and supplies.  
 Garbage bags are to be emptied and discarded each competition. Wash hands before and after each practical exam. (Sink may not be available. Must use alcohol or hand sanitizer)

**Competitor’s professional image:**

**Makeup:** Suitable for daytime.

**Hair:** tied back if length allows, otherwise kept back from face.

**Clothing:** White professional uniform or white lab coat with professional clothing underneath, white shoes and white hose. (Shoes may not be opened toed and must be non slip and low or no heel.)

**Nails:** neatly manicured and no nail polish. (No artificial nails for sanitary reasons.)

**Jewelry:** None is to be worn throughout competition including any visible piercings.

**Personal Hygiene:** No perfumes to be worn throughout competition.

**EQUIPMENT, TOOLS, SUPPLIES, CLOTHING:**

List is provided for each competition

**ADDITIONAL NOTES:**

**Orientation will begin at 8:30 to 9:00AM, FRIDAY, APRIL 16<sup>th</sup>, 2009. All competitors are to bring all equipment to Woodland Campus, Prince Albert and set up area after the orientation.**

- All competitors must currently be enrolled in the esthetics program.
- Competitors must supply own models for entire competition.
- Models may not be certified estheticians or estheticians in training.

**COMMITTEE MEMBERS:**

Rachel Polowick - Email address: [rpolowick@hotmail.com](mailto:rpolowick@hotmail.com)

Elly Dombowsky – Email address: [edombowsky@hotmail.com](mailto:edombowsky@hotmail.com)

**MANICURE INCLUDING MASSAGE**

**OBJECTIVE:** to perform a basic manicure with massage. Apply base coat, two coats of matte red polish and top coat with no color on cuticle area.

**ITEMS TO BE SUPPLIED BY COMPETITOR:**

FINGER BOWL	CUTICLE SOLVENT	CUTICLE PUSHER
CUTICLE OIL	MASSAGE LOTION	ALCOHOL
ORANGEWOOD STICKS	EMERY BOARD	TOWELS
POLISH REMOVER	COLORED POLISH	BASE COAT
GLOVES (OPTIONAL)	COTTON	
TOP COAT		

**OVERALL GRADING:**

Professionalism

Client Comfort

Sanitation: proper disposal of any orangewood sticks, cotton, garbage etc, cleaning of implements, hands etc.

Functional Setup

Proper manicure procedure (soaking, push back cuticles, etc.)

File nails into correct shape to models hands

Polish 2 coats colored polish. No excess polish left around cuticle or side wall areas.

Promptness

**Nail Polish remover is to be used only after massage to remove traces of oil from nail plate. It cannot be used for cleanup of polish until grading of polish has been**

**completed by the judges. After grading has been completed the competitor may fix any polish corrections needed.**

## **1 HOUR TO COMPLETE**

### **PEDICURE**

**OBJECTIVE:** to perform a complete pedicure removing callus and dry areas, proper shaping of toenails and cuticle care.

### **ITEMS TO BE SUPPLIED BY COMPETITOR**

FOOTBATH	TOWELS	FOOT SOAK
CUTICLE PUSHER	CUTICLE OIL	TOENAIL CLIPPERS
ALCOHOL	COTTON	ORANGEWOOD STICK
BASE COAT	TOP COAT	MASSAGE LOTION
COLORED POLISH – MATTE RED		WOODEN FOOT FILE
POLISH REMOVER		GLOVES

### **OVERALL GRADING:**

Professionalism

Sanitation

Proper pedicure procedure (soaking, push back cuticles, etc.)

Toenail shaping, clean under free edge.

Massage (pressure, duration and speed)

Polish application (base coat, two coats of matte red polish, and top coat)

No excess polish on cuticle or sidewalls.

Polish remover only allowed after massage to remove excess oil of nail plate. No polish cleanup allowed until grading has been completed on polish application by the judges.

After the grading has been completed, the competitor may fix any polish corrections necessary.

Promptness

## **1 HOUR AND 30 MINUTES TO COMPLETE**

## **FANTASY MAKEUP APPLICATION:**

**OBJECTIVE:** applying creativity to your knowledge of makeup artistry. Full Basic makeup must be applied to model. In addition fantasy makeup applied to focus area. Note: molding wax or latex is not to be used in this competition

### **ITEMS TO BE SUPPLIED BY COMPETITOR**

FOUNDATION	BRUSHES	LOOSE POWDER
PALLETTE	SPONGES	BROW PENCIL/POWDER
MASCARA	SPATULA	EYE COLOR
CLIENT CAPE	EYELINER	HAIR CLIPS/ HEADBAND
LIP COLOR	LIP LINER	FANTASY ACCESSORIES
DISPOSABLE LIP WANDS		MASCARA WANDS

### **OVERALL GRADING**

Professionalism

Sanitation

Variety of products used

Basic makeup application to models features

Overall look of fantasy with color choice of overall makeup application

Creativity

Promptness

### **45 MINUTES TO COMPLETE**

