

2009 Provincial Skills Competition

Attention Competitors

**At the 2009 Provincial Skills Competition
Safety is # 1**

**Each Event Area Will Have Safety Equipment
and Requirements That Competitors Must
Adhere To**

Important Must Read!!!!

**Competitors Must Meet All Safety Requirements
to Compete At the Provincial Skills Competition**

**Please Consult the Scope Document to Determine
the Safety Requirements for Your Area**

**It Is Recommended That Competitors Check the
Scope Document to Ensure You Meet All Safety
Requirements**

Scope Documents May Be Updated Until January 8th, 2009

2009 Provincial Skills Competition
Scope Document

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|---|--|
| EVENT: ESTHETICS | LEVEL: SECONDARY |
| START TIME: 8:30 AM, April 3, 2009 | LOCATION: RICHARDS BEAUTY COLLEGE |
| INTERNATIONAL TRADE #: 43 | DURATION: 5 HRS. |

PURPOSE OF THE CHALLENGE: to evaluate each competitor on the knowledge of basic aesthetics. This is in preparation for further education in a beauty school.

SKILLS AND KNOWLEDGE TO BE TESTED: Independently demonstrate the knowledge of basic aesthetics. In addition, present professionalism throughout each task.

Competitor Must Provide:

CLOTHING REQUIREMENTS: White lab coat is to be worn throughout entire competition. Clothing worn under lab coat must remain professional. Open toed shoes are not permitted. No School logos are to be displayed throughout any part of the competition. Vinyl or Latex gloves are optional throughout manicure and pedicure portion of competition.

JUDGING CRITERIA:

Client Professionalism

Competitors must smile and greet models.
Ensure models comfort throughout whole competition.
No talking during any procedure.

Sanitation

Clean and sanitize work area, including all equipment and supplies.
Garbage bags are to be emptied and discarded each competition. Wash hands before and after each practical exam. (Sink may not be available. Must use alcohol or hand sanitizer)

Competitor’s professional image:

Makeup: Suitable for daytime.

Hair: tied back if length allows, otherwise kept back from face.

Clothing: White uniform, shoes and hose. (Shoes may not be opened toed.)

Nails: neatly manicured and no nail polish. (No artificial nails for sanitary reasons.)

Jewelry: None is to be worn throughout competition including any visible piercings.

Personal Hygiene: No perfumes to be worn throughout competition.

EQUIPMENT, TOOLS, SUPPLIES, CLOTHING:

List is provided for each competition

ADDITIONAL NOTES:

Orientation will begin at 8:30 to 9:00AM, FRIDAY, APRIL 3rd, 2009. All competitors are to bring all equipment to SIAST Wascana Campus - 4500 Wascana Parkway Regina SK and set up area.

- All competitors must currently be enrolled in the esthetics program.
- Competitors must supply own models for entire competition.
- Models may not be certified estheticians or estheticians in training.

COMMITTEE MEMBERS:

Elyssa Dombowsky – Richards Beauty College
Jessica Tetu – Just For You Day Spa & Gift Studio

MANICURE INCLUDING MASSAGE

OBJECTIVE: to perform a basic manicure with massage. Apply base coat, two coats of matte red polish and top coat with no color on cuticle area.

ITEMS TO BE SUPPLIED BY COMPETITOR:

| | | |
|-------------------|-----------------|----------------|
| FINGER BOWL | CUTICLE SOLVENT | CUTICLE PUSHER |
| CUTICLE OIL | MASSAGE LOTION | ALCOHOL |
| ORANGEWOOD STICKS | EMERY BOARD | TOWELS |
| POLISH REMOVER | COLORED POLISH | BASE COAT |
| GLOVES (OPTIONAL) | COTTON | |
| TOP COAT | | |

OVERALL GRADING:

Professionalism

Sanitation (dispose of any orangewood sticks, cotton, garbage etc.)

Functional Setup

Proper manicure procedure (soaking, push back cuticles, etc.)

File nails into correct shape to models hands

Polish 2 coats colored polish. No excess polish left around cuticle or side wall areas.

Promptness

Nail Polish remover is to be used only after massage to remove traces of oil from nail plate. It cannot be used for cleanup of polish.

1 HOUR TO COMPLETE

PEDICURE

OBJECTIVE: to perform a complete pedicure removing callus and dry areas, proper shaping of toenails and cuticle care.

ITEMS TO BE SUPPLIED BY COMPETITOR

| | | |
|----------------|-------------|------------------|
| FOOTBATH | TOWELS | FOOT SOAK |
| CUTICLE PUSHER | CUTICLE OIL | TOENAIL CLIPPERS |
| ALCOHOL | COTTON | ORANGEWOOD STICK |
| BASE COAT | TOP COAT | MASSAGE LOTION |
| COLORED POLISH | | WOODEN FOOT FILE |
| POLISH REMOVER | | GLOVES |

OVERALL GRADING:

Professionalism

Sanitation

Proper pedicure procedure (soaking, push back cuticles, etc.)

Toenail shaping, clean under free edge.

Massage (pressure, duration and speed)

Polish application (base coat, two coats of matte red polish, and top coat)

No excess polish on cuticle or sidewalls.

Polish remover only allowed after massage to remove excess oil of nail plate. No polish cleanup allowed.

Promptness

1 HOUR AND 30 MINUTES TO COMPLETE

FANTASY MAKEUP APPLICATION:

OBJECTIVE: applying creativity to your knowledge of makeup artistry. Full Basic makeup must be applied to model. In addition fantasy makeup applied to focus area. Note: molding wax or latex is not to be used in this competition

ITEMS TO BE SUPPLIED BY COMPETITOR

| | | |
|----------------------|-----------|----------------------|
| FOUNDATION | BRUSHES | LOOSE POWDER |
| PALLETTE | SPONGES | BROW PENCIL/POWDER |
| MASCARA | SPATULA | EYE COLOR |
| CLIENT CAPE | EYELINER | HAIR CLIPS/ HEADBAND |
| LIP COLOR | LIP LINER | FANTASY ACCESSORIES |
| DISPOSABLE LIP WANDS | | MASCARA WANDS |

OVERALL GRADING

Professionalism

Sanitation

Variety of products used

Basic makeup application to models features

Overall look of fantasy with color choice of overall makeup application

Creativity

Promptness

45 MINUTES TO COMPLETE