

### **ADAPTABILITY**

Just like animals need to **ADAPT** to their changing environments, we use adaptability to achieve our goals when expected or unexpected change occurs, by planning, staying focused, and overcoming obstacles. For example, you used your adaptability when we had to start

### Why this skill is important

learning from home.

Things don't always go according to plan, so it's important for us to be flexible and adaptable to succeed when things change in our lives.

### **READING**

Your ability to find, understand, and use information presented through words, symbols, and images. For example, we use this skill to learn the rules of a new boardgame by reading the instructions manual.



ADAPTABILITY

READING

### Why this skill is important

Reading helps you to understand and interpret the meaning within the text. Reading is important in day-to-day activities, such as understanding stories, learning new things, and even ordering food at a restaurant.



### COLLABORATION

Have you ever heard the saying "there is no I in TEAM"? Collaboration allows us to work in a team or group to reach a common goal. We always use collaboration when doing group or class projects, or on the sports field in gym class when playing as part of a team.

# Why this skill is important

Strong collaboration skills help you build and maintain positive relationships with others, in school, at work and in other parts of your life.



COLLABORATION

#### WRITING

Your ability to share information using written words, symbols, and images. For example, we use this skill to fill out our homework, write short stories, and chat with friends and family online.

#### Why this skill is important

We write to communicate ideas and information to other people. In today's world, we require writing skills that are suitable for different situations including digital platforms.

#### **COMMUNICATION**

The act of giving, receiving, and sharing information — in other words, talking or writing, and listening or reading. For example, we use this skill when playing video games with friends to help us win the game.



COMMUNICATION

### Why this skill is important

Strong communication skills help you share information in a way that others can clearly understand. You also need strong communication skills to listen to, pay attention to, and understand others.



Your ability to imagine, develop, and encourage, ideas in ways that are new. For example, we use this skill to discover better ways of doing homework, school projects and our house chores by finding ways



**CREATIVITY & INNOVATION** 

## Why this skill is important

to make them more enjoyable.

Creativity and innovation skills help you come up with new, unique, or "outside the box" ideas or to approach something differently than in the past, both at school and outside school.

#### **DIGITAL**

Your ability to use digital technology and tools to find, create and share information and content. For example, we use this skill to complete our homework, safely use social media, and play online games.

### Why this skill is important

Digital technology has changed the way you find and share information, solve problems, and communicate with others. Most jobs now use digital skills, and you need them when you apply other skills such as reading, writing and numeracy.



### **NUMERACY**

Your ability to find, understand, use, and report mathematical information presented through words, numbers, symbols, and graphics. For example, we use this skill to perform calculations, do homework and play Monopoly!

### Why this skill is important

Numeracy skills are also needed in a wide variety of daily contexts, including managing your finances and making purchases.

### **PROBLEM SOLVING**

Your ability to identify, propose solutions, and make decisions. When you get stuck in a game or during a puzzle, you use your problemsolving skills to reach the end of the level or complete the puzzle.

### Why this skill is important

Strong problem-solving skills will help you gather the right information, PROBLEM SOLVING identify, and solve problems, and make better decisions. As you learn from these experiences, you will strengthen your problemsolving skills and more quickly and effectively adapt to change.

# **WHAT IS +1?**

The +1 represents the Technical Skills necessary for skilled trade and technology careers. Technical Skills relate to expertise someone possesses that assist in the completion of a job or task. In general, these are abilities acquired through practice and learning. Most skilled trades require the hands-on ability to apply math, science and/or trade-specific expertise to a particular problem or challenge.

Tradespeople not only need to be able to diagnose and understand the scope of a problem, but also apply practical, mechanical, or technical skills to its solution, using the tools of trade to carry out tangible work.

